















*Please follow the dates to find out which menu your school is on each week

ΜΠΝΠΔΥ

NEW Rhubarb & Custard Cake

Strawberry Whip

NEW Banana Cake

NEW Carrot Bites in a

Brownie

Homemade Tomato Sauce

Berry Cheesecake

DESSERTS

OPTION TWO

DESSERTS

THESDAY

WEDNESDAY

THURSDAY

NEW Dutch Apple Cake

NEW Orange Jelly with Mandarins

Cherry Shortbread

Creamy Vegetable Pie

FRIDAY

Vanilla Ice Cream

Strawberry Ice Cream

Vegetable Fingers

VEGAN

Crispy Cake

Flapjack

WEEK 1* 2021: 23rd August, 13th September, 4th October, 25th October, 15th November, 6th December,

NEW Apple Berry Fool

Shortbread Biscuit

OPTION ONE

Lamb Chilli

2022: 3rd January, 24th January, 14th February, 7th March, 28th March, 18th April, 9th May, 30th May, 20th June, 11th July.

Roast Loin of Pork
& Apple Sauce with Gravy

Roast Loin of Pork
& Apple Sauce with Gravy

Fish Fingers

OPTION TWO

NEW
Homemade Vegetable Pasty

Vegetarian Sausage Toad in the Hole

NEW
Cheese & Baked Bean Puff

Roasted Pepper Pizza

Quorn Dippers

Roast Potatoes Fluffy Rice Chips Creamy Mashed Potatoes 1/2 Jacket Potato Cous Cous Minted Potatoes 1/2 Jacket Potato Roasted Vegetables Carrots Sweetcorn Baked Beans **VEGETABLES** Sweetcorn Cauliflower Broccoli Green Beans Peas **SALAD BAR Salad Bar Selection BREADS Assorted Breads** Fresh Fruit Platter/Yoghurt

Oatie Fruit Crunch & Custard

Cheese & Biscuits

WEEK 2* 2021: 30th August, 20th September, 11th October, 1at November, 22nd November, 13th December, 27th June, 18th July.

OPTION ONE Minced Lamb Casserole with Dumplings Roast Chicken & Stuffing with Gravy Sausage in Onion Gravy Macaroni Cheese Battered Fish

 OPTION TWO
 NEW Vegetable Casserole with Dumplings
 Roast Quorn Fillet & Stuffing with Gravy
 Vegetable Sausage in Onion Gravy
 NEW Leek & Butter Bean Crumble
 Vegetable Nuggets

CARBS

Roast Potatoes

Parsley Potatoes

Creamy Mashed Potatoes
Pasta in Tomato Sauce

Garlic Bread

Chips
Fluffy Rice

VEGETABLES

Green Beans
Carrots

Peas
Cauliflower Cheese
Green Beans
Carrots

Carrots

Carrots

Creamy Mashed Potatoes
Garlic Bread

Chips
Fluffy Rice

Baked Beans
Sweetcorn

Carrots Cauliflower Cheese Green Beans Carrots Sweetcorn

SALAD BAR
Salad Bar Selection

FRUIT Assorted Breads
FRUIT Fresh Fruit Platter/Yoghurt

Butterscotch Whip

Margarita Pizza

Sauce

Chocolate Sponge & Chocolate

Lemon Drizzle Cake

Oat Cookie

WEEK 3* 2021: 6th September, 27th September, 18th October, 8th November, 29th November, 20th December, 20th December, 2022: 17th January, 7th February, 28th February, 21st March, 11th April, 2nd May, 23rd May, 13th June, 4th July, 25th July.

OPTION ONE

Organic Meatballs in a Homemade Sauce

Garlic Mushroom Pizza

Roast Chicken & Yorkshire pudding with Gravy

Chicken & Vegetable Pie

Fish Fingers

NEW

Mixed Bean Tagine

CARBS

1/2 Jacket Potato
Fluffy Rice

Pasta Shells
Parsley Potatoes
Fluffy Rice

Roast Potatoes
Fluffy Rice

Creamy Mashed Potatoes
Pasta Shapes in a Homemade
Tomato Sauce

Chips
Pasta Shapes in a Homemade
Tomato Sauce

 VEGETABLES
 Carrot Rounds Broccoli
 Cauliflower Roasted Courgette
 Peas Mashed Swede
 Sweetcorn Green Beans
 Baked Beans Minted Peas

SALAD BAR Salad Bar Selection

BREADS Assorted Breads

IIT Fresh Fruit Platter/Yoghurt

DESSERTS

NEW Peach & Raspberry
Crumble & Custard
Chocolate & Sweet Potato

NEW Banana Cupcake
NEW Banana Cupcake
NEW Fresh Fruit salad

Rice Pudding
Orange Drizzle Cake

NEW Apple Sponge & Custard
Chocolate Crunch Cookie.

Vanilla Ice Cream
Cherry Shortbread