**Physical Education KS2 Long Term Plan – 2021-22 (inc C.Gowan)**

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| --- | --- | --- | --- | --- |
| Term | Year 3 | Year 4 | Year 5 | Year 6 |
| Autumn  1 | **CHRIS – Multi Skills linked to Games (Football) passing and receiving**  **Fitness**  **Teachers – Ball skills – Invasion Unit 1** | **CHRIS – Multi Skills linked to Games (Football) passing and receiving**  **Fitness**  **Teachers – Unit 1 net/wall games** | **Unit 1 – net wall games**  **Fitness**  **SWIMMING** | **Young Sports leaders SP 2 weeks**  **Fitness**  **Unit 1 – Invasion implement and kicking – hockey and soccer**  **SWIMMING** |
| Autumn  2 | **Unit 2 – Creative game making**  **SWIMMING** | **Unit 2 – Problem solving inventing skill work in games**  **SWIMMING** | **CHRIS – Tennis – Net/Wall adapted skills**  **Unit 2 Invasion and target (ball handling)** | **CHRIS Tennis –**  **Unit 2 – net/wall – Volleyball and tennis** |
| Spring  1 | **Dance Unit/ Gymnastics Unit 1**  **CHRIS – Tag Rugby skills** | **Dance Unit 1**  **Gymnastics Unit 1n- CHRIS**  **Unit 3 Invasion – focus on passing and receiving** | **Dance Unit 1 / Gymnastics unit 1**    **SWIMMING** | **Dance Unit 1/ Gymnastics Unit 1**  **SWIMMING** |
| Spring  2 | **Netwall skills – Unit 3 Wall games -**  **SWIMMING** | **Gymnastics/ Dance unit 2**  **SWIMMING** | **Unit 3 – bat and ball (invasion)**  **CHRIS – Athletics (Competition)** | **Striking and fielding adapted skills Unit 3**  **CHRIS - Athletics** |
| Summer  1 | **CHRIS – Athletics Unit 1**  **Striking and Fielding Unit 4** | **CHRIS – Athletics Unit 1**  **Teacher – Striking and fielding adapted skills Unit 4** | **Teacher – Striking and fielding adapted skills Unit 4**  **SWIMMING** | **Unit 4 – invasion games – ball handling (netball, basketball, rugby)**  **SWIMMING** |
| Summer  2 | **Sports Day preparation**  **Rounders skills**  **SWIMMING** | **Athletics – unit 2**  **Sports Day preparation**  **SWIMMING** | **CHRIS – Athletics**  **Sports Day preparation**  **Rounders skills** | **CHRIS – Athletics Unit 2**  **Sports Day preparation**  **Rounders skills**  **Striking and Fielding** |

Key Stage 2 LTP – subject to change due to

* Swimming commencing September 2021 KS2
* Bike-ability – date to be arranged Advent 1
* Sports Leaders September 2021 delivered over 2 weeks
* Sports day end of June – date to be confirmed
* Goals – Autumn term yr1-6 date to be confirmed
* Sports Festivals yr3-6 Spring term
* Swimming Gala
* Rice Bowl Football yr5 and 6 9 aside

Key stage 2 Pupils should be taught to:

* Apply and develop broader range of skills, learning how to use them in different ways and link them to movements and actions.
* They should enjoy communicating, collaborating and competing with each other. Express knowledge of their own and peer performances
* Use running, jumping, throwing and catching in isolation and in combination.
* Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis- here some sports taught by Chris to consolidate skills from broader curriculum], and apply basic principles suitable for attacking and defending.
* Be able to apply knowledge of skills to lead a warm up or activity based upon a skill area.
* Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
* Perform dances using a range of movement patterns.
* Take part in outdoor and adventurous activity challenges both individually and within a team.
* Compare their performances with previous ones and demonstrate improvement to achieve their personal best.